

## SYNCHRONOUS VIDEO INSTRUCTIONS

### \*FINGER TAPPING TEST\*

#### Instructions

1. <Clinician> will tell you when to start & stop.
2. You will tap your index finger to the table as fast as possible.
3. You will keep tapping your finger for 10-seconds.
4. <Clinician says> Ready, Start. ... Stop.

#### Notes

##### EQUIPMENT:

- Table
- Comfortable chair

HELPER: Optional

SETTING: Space to sit in front of a table and view the hand. VIDEO  
INFO

- Use a tripod or prop up phone if you don't have a helper.
- Make sure the entire hand can be seen on the video.
- Place the camera within 1-2 feet of the hand.

TOTAL TIME: <5 minutes

PURPOSE: To check fine motor coordination.

YOUTUBE VIDEO: [Watch a YouTube video of the assessment.](#)

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